

Personal Productivity System

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It is not important where you are today, but more importantly – where you can reach. Personal productivity system is designed for busy leaders, executives, and managers who want to improve performance, want to be more effective at inspiring high-quality thinking for his or her leadership team, plan more effectively and focus on developing great leaders by improving their ability to bring out the best performance in others.

In this virtual interaction participants will learn high performance productivity hacks, set goals for individuals and organisations, raised the bar for people potential, emotional well-being and more...

Workshop Takeaways

- 50 high performance habits of highly productive people
- How to create growth mindset
- Emotional and mental well being techniques
- The inner game of habit change
- Goal setting process
- The ultimate platinum formula

In-addition

- Art and science of how to meditate (ancient Indian systems)
- Breath of fire – priming technique
- 30 Minute complementary private coaching call with Sesh



The Promise

Whether Sesh is keynoting an event, conducting his retreat program, or coaching. He has earned a reputation for possessing a special ability that unlocks and unleashes greatness in individuals and corporations. While he is in the business of growing champions, his training and coaching systems start with his team, extends to clients, corporations and entities interested in combining business and conscious self-development. He arrives at solutions based on inferences drawn from brain-based coaching, NLP, Ancient Indian texts and his success secrets with his huge client base.

