

#BPSMentorkraft

BluePrint for Success

www.mentorkraft.com



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Sesh's dream has been to construct a program to help real people deal with real problems. This workshop is a realisation of that.

The objective of this workshop is to engage participants with mock sessions, practice sheets and storytelling. Thereby presenting concepts at an experiential level, even in a virtual environment. This approach has benefited many to learn and live with focused outcomes.

By the end of the Blueprint for Success workshop participants report heightened self-awareness, clarity of thoughts and goals, techniques to mind management and much more...

Workshop Takeaways

- Accessing personal resources - Practical tips for daily work life
- How we create our feelings and its impact on daily life
- Roots of procrastination and lasting solutions
- How to impact performance
- Goal setting process
- The ultimate platinum formula



In-addition

- Art and science of how to meditate (ancient Indian systems)
- Breath of fire - priming technique
- 30 Minute complementary private coaching call with Sesh

The Promise

Whether Sesh is keynoting an event, conducting his retreat program, or coaching. He has earned a reputation for possessing a special ability that unlocks and unleashes greatness in individuals and corporations. While he is in the business of growing champions, his training and coaching systems start with his team, extends to clients, corporations and entities interested in combining business and conscious self-development. He arrives at solutions based on inferences drawn from brain-based coaching, NLP, Ancient Indian texts and his success secrets with his huge client base.

